Birth Preferences

Name:	Partner's Name:
Due Date:	Add't Support:
Place of Birth:	Present At Birth: YesNo
Health Information:	For Pain Management I Will Be Using:
Group B strep	Birth ball and peanut ball
Gestational diabetes	Essential oils
Allergies	Acupressure
RH incompatible with baby	Breathing Techniques
Other conditions that may affect birth	
	TENS
During Labor I Would Like:	Nitrous oxide
_	Hydrotherapy (shower and tub)
To eat/drink as I please	Massage
Dim lights Music	Alternating Positions
	Hypnobirthing Meditations
To walk freely Minimal distractions	IV pain medicine
Continous fetal monitoring	Sterile water injections
Intermittent fetal monitoring	
Receive fluids through IV Minimal cervical checks	Immediately After Birth:
Willimar Cervical Checks	Delayed cord clamping
Mileto Booking Date of Little Too	Cord cut after placenta delivery
While Pushing I Would Like To:	Immediate cord clamping
Push as my body feels the need to	Partner or mom to cut cord
Be coached	Shot of pitocin
Tear naturally	Golden hour
Use a warm compress	All assessments done on mom
Let baby's head rest against my perine	eum All assessments done at warmer
Avoid forceps and vavuum	Hepatitis B vaccine
Birth in whatever position is most com	fortable Vitamin K injection
Feel baby's head crown	Erythromycin eye ointment
Use a mirror to see baby's head	Colostrum as eye ointment
Partner or mom to catch baby	Breastfeed immediately

Birth Preferences

Name:	Partner's Name:
Due Date:	Add't Support:
Place of Birth:	Present At Birth: YesNo
Health Information:	For Pain Management I Will Be Using:
Group B strep:	Birth ball and peanut ball
Gestational diabetes	Essential oils
Allergies	Acupressure
RH incompatible with baby	Breathing Techniques
Other conditions that may affect birth:	Epidural
	TENS
During Labor I Would Like:	Nitrous oxide
To eat/drink as I please	Hydrotherapy (shower and tub)
Dim lights	Massage
Music	Alternating Positions
To walk freely	Hypnobirthing Meditations
Minimal distractions	IV pain medicine
Continous fetal monitoring	Sterile water injections
Intermittent fetal monitoring	
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Minimal cervical checks	Immediately After Birth:
_	Delayed cord clamping
While Pushing I Would Like To:	Cord cut after placenta delivery
Push as my body feels the need to	Immediate cord clamping
Be coached	Partner or mom to cut cord
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Use a warm compress	Golden hour
Let baby's head rest against my perineum	All assessments done on mom
Avoid forceps and vavuum	7 th dissessificing defic at warmer
Birth in whatever position is most comforte	Hepatitis B vaccine
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Use a mirror to see baby's head	Erythromycin eye ointment
Partner or mom to catch baby	Colostrum as eye ointment
- armor or moni to out on budy	Breastfeed immediately